

Preparing: Exercise 3

Self-Reflection: Facilitation

Instructions: Think about your experience in facilitating someone else's learning in your career as a man in nursing or in other situations. Or recall an experience of someone you observed facilitating another person's learning. Then answer the following questions.

1. Describe an experience in which the goal was to facilitate someone else's learning.
2. What did you do? What did the learner do?
3. What were the factors that affected the success or derailment of your efforts?
4. What lessons did you learn from that facilitation experience?
5. What metaphor best describes how that experience felt for you?
6. What, if anything, would you do differently in facilitating your mentee's learning?