

## Preparing: Exercise 4

### Mentor Motivation Checklist: Why I would like to be a AAMN Mentor

*Instructions: For each item below, put a check in the “yes” column if the reason listed reflects why mentoring appeals to you. If it does not, put a check in the “no” column. Following each of the items, list concrete examples to illustrate your answer.*

<b>Reasons That Mentoring Appeals to me</b>	<b>Yes</b>	<b>No</b>	<b>Examples</b>
I like the feeling of having others seek me out for advice and guidance			
I find that helping others learn is personally rewarding			
I have specific knowledge that I want to pass on to others			
I enjoy collaborative learning			
I find working with others who are different from me to be energizing			
I look for opportunities of further my own growth			